

## FULLY COOKED HEAT & SERVE

**Microwave Instructions:**  
Place in a covered dish  
and heat for 6 to 8 minutes.

**Ingredients:**  
Beef and Salt

Refrigerate after opening.

\* Contains no artificial ingredients.  
Is only minimally processed.



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for recipes and more!

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All Natural\*



HEAT  
& SERVE!

# Brinkman's

Serving  
Suggestion



A Cut Above The Rest

## CHUNKED BEEF

NET CONTENTS: 28 OZS. (793.78 GMS.)

### Nutrition Facts

Serving Size 2 oz (56 g)  
Servings Per Container Approx. 14

Amount Per Serving  
Calories 130 Calories from Fat 60

% Daily Value\*

Total Fat 6g 10%  
Saturated Fat 2.5g 12%  
Trans Fat 0g

Cholesterol 55mg 19%  
Sodium 210mg 9%

Total Carbohydrate 0g 0%  
Dietary Fiber 0g 0%

Sugars 0g  
Protein 17g

Vitamin A 0% • Vitamin C 0%  
Calcium 0% • Iron 10%

\* Percent Daily Values are  
based on a 2,000 calorie diet.  
Your daily values may be  
higher or lower depending on  
your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Product of USA.

### Beef Vegetable Soup

6 stalks celery, chopped  
2 med. onions, chopped  
2 cans mixed vegetables  
1 qt. whole tomatoes or 1 qt. tomato juice  
1 can Brinkman's Beef

Cook celery and onion until tender;  
then add beef, vegetables and tomatoes.  
Makes about 4 qt.



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